Cybersecurity Essentials Workshop

Not Your Typical Cybersecurity Awareness Training

Introducing the Cybersecurity Essentials Workshop powered by ThriveDX, an 8-hour live training program (remote or in-person) designed to tackle human error by providing your employees with advanced understanding and skills to protect themselves and your organization against the most common cyber threats.

This isn't your typical awareness training, but a practical, behavior-modifying learning experience that will reduce risk

YOUR WORKFORCE IS YOUR BEST DEFENSE

- Get familiar with cyber threats and counter defense tools

- Learn how to keep accounts and credentials safe

- Understand how to avoid common, yet dangerous threats and malicious scams

- Have exposure to all NIST 800-50 topics for security training

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Cybersecurity Essentials Workshop

PROGRAM OUTLINE

8 hours total of trainer-led learning

1

Introduction to Cybersecurity

- What is Cybersecurity
- Basic Terminology
- Famous Attacks

2

Accounts & Credentials

- Account Breach Detection Methods
- Tools to Test and Create Strong Passwords
- Leaked Credentials
- Protection Methods
- Password Management

3

Remote Security: Wi-Fi & VPN

- Private Wi-Fi Network Security
- Safe Browsing on Public Wi-Fi Networks
- VPN Intro and Best Practices

4

Social Engineering

- Social Engineering Attack Vectors
- Phishing Detection
- Avoid Phishing Attacks

Keep your organization safe with **hands-on training powered by ThriveDX.**

5

Mobile Security

- Mobile App Permissions
- Mobile Phishing Attacks
- Physical Security

6

Online Assessment

- Quiz Covering Cyber Essentials Workshop

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